



# Welcome To Morwenstow.

If you are reading this then you may well have just moved to our wonderful Parish.

You will find that we try to be proactive; looking to what the future brings whilst still respecting our history and traditions.

If you would like to be involved in our community, we hope some of the following information will be of interest to you.

**Jonathan Hobbs – Chairman of Morwenstow Parish Council.**

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## History

Morwenstow is the most northerly parish in Cornwall, covering an area of just over 8,000 acres. The magnificent coastline stretches for 5 miles from Duckpool to Marsland Mouth. The river Tamar has its source at a spring on Woolley Moor.

The most renowned local resident is probably the eccentric vicar, Reverend Robert Stephen Hawker, who was vicar of the Parish Church of St Morwenna and St John the Baptist from 1834 to 1875 and is credited with reviving the custom of the Harvest Festival in 1843. He wrote many poems and ballads one of which is Trelawney, which is often referred to as the Cornish national anthem.

There are many groups and activities of which you can become a part of, either by membership or for free.



2025 saw a programme of events in Morwenstow to celebrate the life of Reverend Robert Stephen Hawker. Among the celebrations was the commissioning and installation of this road sign – complete with Hawkers signature.

## Religious Venues

### St Morwenna & St John the Baptist Morwenstow (Crosstown)

**Rector:** Rev Teresa Folland. Tel: 01288 352599 email: [revteresa.folland@gmail.com](mailto:revteresa.folland@gmail.com)

**Church Wardens:** Ms Bridget Inch. Tel: 01288 331404

Mr Richard Painter. Tel: 01288 331844

**PCC Secretary:** Mrs Linda Tilbey. Tel: 01288 331171 email: [linda.tilbey@gmail.com](mailto:linda.tilbey@gmail.com)



**Morwenstow Methodist Church** (Shop Chapel)

**Woodford Methodist Church** (Woodford Chapel) – including a warm space and community garden.

**Superintendent:** Revd Meg Slingo. Tel: 01409 251542 [meg.slingo@methodist.org.uk](mailto:meg.slingo@methodist.org.uk)

Service details for all three venues can be found in our Parish Magazine *Hamlets* each month. This can be found on the Parish Council Website with a few paper copies available in each Hamlet

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## Education

Morwenstow boasts a successful primary school (designed by Rev. Hawker) and preschool, with provision for children aged 2 to 11. A free-of-charge stay and play runs on Tuesdays from 09:15 until 10:15 at the preschool.

A separate toddler group runs on Fridays during term time at the Community Centre. More information can usually be found on the Morwenstow Facebook group.



Woodford Community Garden host a volunteer-run gardening club in school holidays. Dates are published on their public Facebook group:

<https://www.facebook.com/share/g/179W4WyC5v/?mibextid=wwXlfr>

Nearby Bude has several adult education provisions, such as the Gregson Centre and Pearl Exchange, offering a wide range of courses, support and activities to local adults.

## Facilities & Establishments

**Community Centre** – Shop, <https://morwenstowcommunitycentre.co.uk/> for information and bookings.



The adjacent **Playing field, Multi Use Games Area, Pump Track, Fitness Equipment and Children's Play** area are all under the care of Morwenstow Parish Council. Bookings for the hire of the MUGA can be made at; <https://active.morwenstowparish.gov.uk>



**Furze Stores & Cafe** – Shop. (opposite the Community Centre). Tel no: 01288 358367 (Facebook page available)

**St Marks Church of England Academy** - Shop. Tel: 01288 331395 Email: [stmarks@lapsw.org](mailto:stmarks@lapsw.org)

**The Bush Inn** – Crosstown. Tel: 01288 331242, email: [bushinn.crosstown@gmail.com](mailto:bushinn.crosstown@gmail.com) (Facebook page available)

**The Rectory Farm Tearooms** – Crosstown. Tel no: 01288 331251 (Facebook page available)

## Groups



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|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Community Art Group</b><br><br><i>Contact:</i><br><br>Hannah Jenkinson<br>Tel: <a href="tel:07766233930">07766233930</a><br><br>Email:<br><a href="mailto:Hannahjenkinson74@gmail.com">Hannahjenkinson74@gmail.com</a> | <b>Morwenstow Society</b><br><br><i>Contact:</i><br><br>Secretary<br>Tel: <a href="tel:01288331363">01288 331363</a><br><br>Email: <a href="mailto:morsoc2@gmail.com">morsoc2@gmail.com</a>           | <b>Morwenstow Football Club</b><br><br><i>Contact:</i><br><br>Aaron Kendall<br>Tel: <a href="tel:07828893838">07828 893838</a><br><br>Email: <a href="mailto:morwenstowfc@gmail.com">morwenstowfc@gmail.com</a> |
| <b>Morwenstow Methodist Church</b><br><br><i>Stewards:</i><br><br>Mrs Valerie Tape.<br>Tel: <a href="tel:01288331263">01288 331263</a><br><br>Mrs Freda Olde.<br>Tel: <a href="tel:01288331227">01288 331227</a>          | <b>Women's Institute</b><br><br><i>Contact:</i><br><br>Secretary<br>Tel: <a href="tel:01288331426">01288 331426</a>                                                                                   | <b>Hand Bell Ringers</b><br><br><i>Contact:</i><br><br>Secretary<br>Tel: <a href="tel:01288331750">01288 331750</a><br>Email = <a href="mailto:msofhbr@gmail.com">msofhbr@gmail.com</a>                         |
| <b>Breeze Yoga</b><br><br><i>Contact:</i><br><br>Rita Tsai<br>Tel: <a href="tel:07539270792">07539270792</a><br>Email<br><a href="mailto:breezeyogabude@gmail.com">breezeyogabude@gmail.com</a>                           | <b>Stay and Play</b><br><br><i>Contact:</i><br><br>Sally McGuiness<br>Tel: <a href="tel:07946834230">07946 834230</a><br>Email:<br><a href="mailto:mcguiness155@gmail.com">mcguiness155@gmail.com</a> | <b>Pickleball Club</b><br><br><i>Contact:</i><br><br>Mary Whibley<br>Tel: <a href="tel:01288331424">01288 331424</a>                                                                                            |
| <b>Badminton Club</b><br><br><i>Contact:</i><br><br>Mary Whibley<br>Tel: <a href="tel:01288331424">01288 331424</a>                                                                                                       | <b>Morwenstow Men's Institute</b><br><br><i>Contact:</i><br><br>Colin Tape<br>Tel: <a href="tel:01288331263">01288 331263</a>                                                                         | <b>Morwenstow Book Club</b><br><br><i>Contact:</i><br><br>Mary Whibley<br>Tel: <a href="tel:01288331424">01288 331424</a>                                                                                       |



# Walks

## Walks in Morwenstow



From soaring majestic cliffs to secluded valleys Morwenstow offers a variety of scenic walks to suit most abilities. The most northerly parish in Cornwall has strong links to the eccentric vicar the Reverend Robert Stephen Hawker and many of the walks center around his legacy. A fine introduction is the Circular Walk which starts and finishes at St Morwenna's church with parking available next to the tea rooms. Details available at

<https://nationaltrust.org.uk/visit/cornwall/sandymouth/morwenstow-circular-walk>

More challenging but with spectacular far-reaching views is the South West Coast path from Duckpool to St Morwenna's. Rising steeply as you leave Duckpool the path skirts the coastline offering a wide vistas reaching from Padstow to Lundy. If the tide is favourable why not descend to the beach at Stanbury Mouth where you may find yourself alone even in the height of summer. Car parking and seasonal refreshments are available at Duckpool and Rectory Farm tearooms and of course year-round at the 13<sup>th</sup> century Bush Inn.



If you are feeling more adventurous the Tamara Way starts in Morwenstow and follows the River Tamar from its source to where it empties into the sea at Plymouth.

This gives you just a flavour of the beautiful walks available in Morwenstow and more information is available through Ordnance Survey Explorer 126, Landranger 190 maps, the Yellow Walk Map: Around and about Morwenstow, Welcombe and Kilkhampton and numerous sources online.

## Useful Contacts

### Parish Council &/or Clerk

Contact regarding Parish Matters should be made via the Parish Council Clerk;  
[clerk@morwenstowparish.gov.uk](mailto:clerk@morwenstowparish.gov.uk)



### Doctors Surgeries:

- Stratton Medical Centre, Hospital Road, Stratton, Bude EX23 9BP. Tel: 01288 352133.
- Neetside Surgery, Methodist Church Halls, Leven Rd, Bude EX23 8LA. Tel: 01288 270580

(Over the border into Devon)

- Bradworthy Surgery – The Square, Bradworthy, EX22 7SY. Tel no: 01409 241215
- Hartland Surgery - 66 The Square, Hartland, Bideford EX39 6BL. Tel no: 01237 441200

### Dentists:

- Morwenna Dental Care – 5 Morwenna Terrace, Bude EX23 8BU. Tel: 01288 352340
- Bupa Dental Care – Stratton Road, Bude, EX23 8AF. Tel no: 01288 355355

### Vets:

Penbode Vets – St Michaels Road, Bude EX23 9AB. Tel no: 01288 359500  
Tamar Vets – The Strand, Bude EX23 8AU

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## Transport



Morwenstow is served by Go Cornwall. Bus 217 travels between Bude and Morwenstow (stopping at Crosstown, Gooseham, Shop, Woodford and Cleave Crescent).

The journey to Bude goes via Stibb, Poughill and Flexbury. This service does not operate at weekends or on bank holidays.

Timetables and other information can be found at [www.transportforcornwall.co.uk](http://www.transportforcornwall.co.uk)

There are connecting bus services from Bude travelling to Holsworthy, Camelford, Wadebridge and Launceston.

The nearest railway stations are at Barnstaple and Okehampton with both providing services to Exeter.

Holsworthy rural community transport (01409 259001) can provide transport for essential reasons, Ring and Ride, Cars for Care and Here for Hire, See the website for eligibility.

( [www.pickme-up.co.uk](http://www.pickme-up.co.uk) )

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## Yearly Events



**Each year there are regular events – while it isn't possible to list everything as some things will change year on year, please find a rough guide below of the sorts of things that you can get involved with if you would like to do so.**

### **JANUARY**

Lunch Club  
Burns Night

### **FEBUARY**

Big Breakfast  
Wine + No Wisdom

### **MARCH**

Big Breakfast

### **APRIL**

### **MAY**

Football Fun Day

### **JUNE**

Patronal Festival  
Open Gardens

### **JULY**

Garden Party

### **AUGUST**

Sausage Sizzles

### **SEPTEMBER**

### **OCTOBER**

Big Breakfast

### **NOVEMBER**

Ceilidh Dance

### **DECEMBER**

Senior Citizens (over 75's)  
Christmas Lunch

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**We hope that this gives you some pointers of what our lovely Parish of Morwenstow has to offer.**

We finish our guide with the basics of the emergency plan for Morwenstow.

## Emergency Plan Basics

There is an emergency plan for Morwenstow.

This can be read in full on the Parish Council website on the dedicated page at:

<https://morwenstowparish.gov.uk/emergency-plan>



Please read through the plan in case it ever needs to be acted upon.

### **In the event of an emergency**

- 1. Ring 999 to inform the Emergency Services and provide:** Clear, Concise, Factual information as soon as possible
- 2. Contact the plan coordinators**
- 3. Meet at the coordinator's assembly point**
- 4. When the Emergency services arrive, they will assume sole jurisdiction over the incident**

#### **Primary coordinator assembly point:**

- Morwenstow Community Centre, Shop. EX23 9SL
- Grid Ref: S22557 14692
- What 3 words: lakeside.purses.chef

#### **Should the above location be inaccessible, the following will be used:**

- Woodford Chapel, Woodville Rd, Woodford. EX23 9JA
- Grid ref: S221975.113608
- What 3 words: reforming . dividers . slumped

| <b>Reviewed &amp; Updated by</b> | <b>Date</b>                | <b>Minute Reference</b> |
|----------------------------------|----------------------------|-------------------------|
| Full Council                     | 15 <sup>th</sup> July 2026 | 15.07.2026.11           |
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